

# Free Health Coverage During and After Your Pregnancy



**FAMIS MOMS** and **Medicaid for Pregnant Women** provide comprehensive health coverage during pregnancy and for one year after your pregnancy ends. The coverage continues during that time even if your income changes. There are no enrollment fees, monthly premiums, or co-pays. Once the birth is reported, your child will be automatically enrolled in Medicaid or FAMIS until their first birthday too!

## Benefits:

Getting early and regular prenatal care is important for your health and the health of your baby. FAMIS MOMS and Medicaid for Pregnant Women are full-benefit health coverage programs. They cover prenatal, childbirth services, doulas, and provide additional supports for individuals with high-risk pregnancies. Services not related to pregnancy, including specialists, emergency services, pharmacy, behavioral health and dental, are also included.

## Eligibility:

To be eligible for FAMIS MOMS or Medicaid for Pregnant Women you should:

- Be pregnant or be within the 12-month period after your pregnancy ends
- Be a resident of Virginia
- Be a U.S. citizen or a lawfully residing immigrant
- Currently be uninsured (For FAMIS MOMS only)
- Meet family income guidelines below

Family Size*	Yearly	Monthly
2	\$44,362	\$3,697
3	\$56,006	\$4,668
4	\$67,650	\$5,638
5	\$79,294	\$6,608
6	\$90,938	\$7,579
7	\$102,582	\$8,549
8	\$114,226	\$9,519
<i>Additional person add</i>	\$11,644	\$971

*Figures effective 1/13/26. Includes 5% standard disregard.  
Based on gross income (income before taxes and deductions).  
\* Count the unborn child/ren as additional persons.*

## How to Apply:

FAMIS and Medicaid applications are accepted year-round. You can apply for yourself and your family at the same time in one of these ways:

- Online at [commonhelp.virginia.gov](https://commonhelp.virginia.gov).
- Call the CoverVA Call Center at **1-855-242-8282** (TTY: 1-888-221-1590). CoverVA is available Monday through Friday, 8 am to 7 pm. Spanish-speaking representatives and interpretation services for additional languages are available.
- In-person at your local Department of Social Services.

Pregnant women not eligible for FAMIS or Medicaid due to their immigration status may be eligible for FAMIS Prenatal Coverage. For more information, go to:

[coverva.dmas.virginia.gov/learn/coverag-e-for-pregnant-individuals/](https://coverva.dmas.virginia.gov/learn/coverag-e-for-pregnant-individuals/)



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