

# Cardinal Care Fact Sheet: Developmental Disability Waiver Eligibility

Virginia's three Developmental Disability (DD) waivers, the Building Independence (BI) waiver, the Family & Individual Support (FIS) waiver and the Community Living (CL) waiver, provide supports to individuals with a diagnosis of developmental disability.

To be eligible for a DD waiver, an individual must meet DD Waiver diagnostic and functional requirements and be Medicaid eligible. There are a set number of DD Waiver slots available in Virginia. Those who meet these requirements may still be placed on a waitlist until a waiver becomes available for them.

## Developmental Disability Waiver Application Process

### Request a Screening from Your Local Community Services Board (CSB)

The CSB will determine if you or your family member meet the diagnostic and functional eligibility criteria to be eligible for a DD waiver. Find your local CSB at [www.vacsb.org/csb-bha-directory/](http://www.vacsb.org/csb-bha-directory/).

**Diagnostic Criteria:** You or your family member must have been diagnosed with an Intellectual and/or Developmental Disability as defined by [Virginia's Definition of Developmental Disability](#). You must submit documentation from a medical professional, such as psychological evaluations, medical reports, disability evaluations, and/or occupational, physical, and speech therapy records, to the CSB so they can verify this requirement is met.

**Functional Criteria:** A screening using the Virginia Individual Developmental Disabilities Eligibility Survey (VIDES) will be conducted to determine if a person meets the functional criteria. There are different versions of this screening for children under age 3, children ages 3 to 17, and adults aged 18 and over.

### Developmental Disability Waiver Waitlist

If you meet the diagnostic and functional criteria, you will be placed on the DD waiver waitlist. Individuals are placed in one of three waitlist tiers based on their needs. It is important to let your case worker know if your needs change or you move as this may impact your placement.

### Medicaid Eligibility

An application for Medicaid can be submitted at any time in the process. There is no requirement to have Medicaid to be placed on the DD waiver waitlist. However, if you are not enrolled in Medicaid when a waiver slot becomes available to you, you will need to apply and be found eligible for a Medicaid covered group that is compatible with Virginia's DD waivers. *See chart at the end of this document for a list of these covered groups.*

## Medicaid applications can be submitted:

- Online at [www.commonhelp.virginia.gov](http://www.commonhelp.virginia.gov).
- Over the phone with the Cover Virginia Call Center Monday through Friday, 8 a.m. to 7 p.m. and Saturday 9 a.m. to 12 p.m. at 1-855-242-8282 (TDD: 1-888-221-1590).
- By mail to: Cardinal Care Correspondence Center  
P.O. Box 1820  
Richmond, VA 23218
- By fax or in-person to your local Department of Social Services (LDSS).
  - Application forms can be downloaded from [www.coverva.dmas.virginia.gov/apply/applications/](http://www.coverva.dmas.virginia.gov/apply/applications/) or requested at the LDSS.

## DD Waiver Compatible Medicaid Covered Groups

Covered Group & Non-Financial Requirements	Income Limit	Resource Limit
<b>Supplemental Security Income (SSI) recipients</b> Current SSI recipient	N/A	One person: \$2,000 Two people: \$3,000
<b>300% SSI: Aged, Blind or Disabled</b> Need nursing facility level care or have been approved for a DD Waiver slot and be: <ul style="list-style-type: none"><li>• Aged 65 or older <i>or</i></li><li>• Disabled or blind as defined by the Social Security Administration (SSA)</li></ul>	300% of the maximum SSI award for a single person (\$2,901 in 2025)	\$2,000 <i>Note: 300% SSI members are always considered a single household.</i>
<b>300% SSI: Children and Families</b> Need nursing facility level care or approved for a DD Waiver slot and: <ul style="list-style-type: none"><li>• Under age 18 <i>or</i></li><li>• Under age 21 and in foster care, adoption assistance or an Intermediate Care Facility <i>or</i></li><li>• A parent or caretaker of a dependent child under 18 (or 19 in limited circumstances)</li></ul>	300% of the maximum SSI award for a single person (\$2,901 in 2025)	Under age 18: No resource requirement Age 18+: \$2,000 <i>Note: 300% SSI members are always considered a single household.</i>
<b>80% Aged, Blind, or Disabled (ABD)</b> Aged 65 or older or disabled or blind as defined by the Social Security Administration (SSA).	80% federal poverty limit (FPL)	One person: \$2,000 Two people: \$3,000
<b>Low-Income Families with Children (LIFC)</b> Parent or caregiver of a dependent child under age 18 (or 19 in limited circumstances).	~30% FPL Income limit varies by region	No resource requirement
<b>Medicaid for Pregnant Women</b> Pregnant or within 12 months of the end of the pregnancy.	148% FPL	No resource requirement
<b>Medicaid for Children under 19</b> Under age 19	148% FPL	No resource requirement

<b>Medicaid Expansion</b> Aged 19 to 64 and not Medicare eligible.	138% FPL	No resource requirement
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### **Have More Questions?**

For questions, additional help, or language assistance services or large-print, Medicaid and FAMIS members are encouraged to call Cover Virginia at 1-833-5CALLVA (TDD: 1-888-221-1590).